

FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



Technical Regulations **2020**



Section 7

Special **R**egulations for Parkour

ART. 1 PRICIPLES FOR THE COMPETITION PROGRAMME

Art. 1.1 Categories

Competitions in Parkour comprise the following categories:

Speed-run (PKS)

A speed-run event consists of timed runs over an obstacle course.

- Men
- Women

Freestyle (PKF)

A freestyle event consists of athletes performing tricks within a determined time period on an obstacle course.

- Men
- Women

Art. 1.2 General Formats for official FIG competitions

Competitions consist of Qualifications, **Semi-Finals (Speed only)** and Finals. The score from Qualification will not be carried forward. All runs, also ~~within the different rounds of~~ in the Finals, start from 0 points.

Speed-run

Speed competitions will be organized on two parallel lanes.

Speed-run Qualifications

The starting order for the first run of Qualification will be determined by a draw. An intermediate ranking list is established at the end of the first run.

The athletes may choose to have a second run. **Should they choose a second run, they have to announce it immediately after the end of their course by raising their hand after seeing their time.** The starting order for this second (optional) run ~~is determined by a draw~~ is determined by the original starting order, but only with the athletes performing a second run.

For the athletes who have chosen to have a second run, the result of the second run only counts.

The final ranking list of the Qualification will be established at the end of the second run. In case of a tie at any place, the tie-breaking rules set out in art. 4.1 ~~—Exception—~~ apply.

Runners' lanes- Lane 1 is farthest from the judges tower and Lane 2 is closest, determined by qualifying time

Speed-run Semi-Finals:

Knock-out competition format

The top athletes from the final ranking list of the Qualification (max. 2 per NF) participate in the Semi-Finals. No second run is possible.

In case of a tie at any place, the tie-breaking rules set out in art. 4.1 applies

The highest ranked athlete faces the lowest ranked athlete, and the loser of that race is excluded from advancing to the final. Another example, the athlete ranked 2nd faces the 2nd to last athlete from the Qualification and so on for each athlete to be matched against the appropriate competitor. The loser of each race is excluded from advancing to the final.

SPEED	11 or less athletes	12-16 athletes	17 athletes or more
Semi-Final No wildcard	No Semi-Final	8 best times from Qualification	10 best times from Qualification
Finals	6 best from Qualification	6 total 4 from Knock-out + 2 next best times overall from Semi-Final	6 total 5 from Knock-out + 1 next best time overall from Semi-Final

Note: One wildcard athlete to be added for host country in the semi-final if they do not qualify. If a wildcard is added an extra athlete will be added, based on next best time outside of the qualifiers to prevent a solo run. The wildcard athlete must be the highest ranked athlete for that country from the Qualification. See below:

Semi-Final with wildcard	No Semi-Final	10 total 8 best times from Qualification + 1 wildcard + 1 next best time from Qualification	12 total 10 best times from Qualification + 1 wildcard + 1 next best time from Qualification
Finals	6 best from Qualification	6 total 5 from Knock-out + 1 next best time from Semi-Final	6 total 6 from Knock-out from Semi-Final

In case of a tie at the 6th rank for the Final, the tie-breaking rules set out in art. 4.1– apply.

Three reserve athletes will be able to warm-up for the Semi-Final and Final rounds.

Runners' lanes – Lane 1 is farthest from the judges tower and Lane 2 is closest, determined by qualifying time

~~Finals are held in 4 rounds of one run each in a knock-out competition format with “repêchage” as follows:~~

~~1st round:~~

~~The four pairs (8 athletes) are determined by a draw and a ranking list is established at the end of the 1st round.~~

~~2nd round:~~

~~The winners of the four pairs (4) plus the two fastest eliminated athletes (2) qualify for the second round which will be held with three pairs respecting their timing at the 1st round as follows:~~

~~1st pair: the 1st against 6th,~~

~~2nd pair: 2rd against 5th,~~

~~3rd pair: 3rd against 4th.~~

~~A ranking list is established at the end of the 2nd round.~~

~~3rd round:~~

~~The winners of the three pairs (3 athletes) plus the fastest eliminated athlete (1) qualify for the 3rd round which will be held with two pairs respecting their timing at the second round as follows:~~

~~1st pair: the 1st against 4th~~

~~2nd pair: 2rd against 3rd~~

~~4th (final) round:~~

~~The winners of the 2 pairs of the 3rd round (2) qualify for the final round.~~

~~Final ranking list:~~

~~1st and 2nd are the two finalists (4th round).~~

~~3rd and 4th are determined based on their time at the 3rd round~~

~~5th and 6th are determined based on their time at the 2nd round~~

~~7th and 8th are determined based on their time at the 1st round~~

~~In case of 8 participants, the Qualification will not take place. The participation in finals is based on a draw.~~

~~In case of 7 participants, a Qualification will take place. The starting order is determined by a draw. The following round will be carried out according to the 2nd round of finals.~~

~~In case of 6 participants, the qualification will not take place. The starting order is determined by a draw. The following round will be carried out according to the 2nd round.~~

~~In case of 5 participants, a Qualification will take place. The starting order is determined by a draw. The following round will be carried out according to the 3rd round.~~

Option 2: Speed Finals

The top ~~eight~~ **6** athletes from the final ranking list of the Qualification **or the semi-finals (max. 2 per NF)** participate in the Final.

In the final round, the 5th and 6th, the 3rd and 4th and the 1st and 2nd run by pairs. The final ranking is based on the time (no knock out).

In case of a tie at any place, the tie-breaking rules set out in art. 4.1 apply.

The Final is held in one single run.

~~The starting order is established based on the ranking after Qualification with the best athlete starting last.~~

Runners' lanes- Lane 1 is farthest from the judges' tower and Lane 2 is closest, determined by qualifying time

Freestyle

Freestyle Qualifications

The starting order for the first run of Qualification will be determined by a draw.

The runs of **30 to 70** ~~a maximum of 90~~ seconds, are judged based on the criteria defined in the Code of Points.

An intermediate ranking list is established at the end of the first run.

The athletes may choose to have a second run. **Should they choose a second run, they have to announce it immediately after the end of their course (before the score is shown) by raising their hand.** The starting order for this second (optional) run is ~~determined by the original starting order, but only with athletes performing a second run by a draw.~~

For the athletes who have chosen to have a second run, the result of the second run only counts.

The final ranking list of the Qualification will be established at the end of the second run.

In case of a tie at any place, the tie-breaking rules set out in art. 4.2 apply.

Freestyle Finals (max. 2 per NF)

Option 1: Knock-out competition format with "repêchage"

~~The top eight athletes from the final ranking list of the Qualification (or semi-final) participate in the Final.~~

~~In case of a tie at any place, the tie-breaking rules set out in art. 3.2 apply in all rounds.~~

~~Finals are held in 4 rounds of one run each in a knock-out competition format with “repêchage” as follows:~~

~~1st round:~~

~~The four pairs (8 athletes) are determined by a draw. A ranking list is established at the end of the 1st round.~~

~~2nd round:~~

~~The winners of the four pairs (4) plus the two athletes with the highest score among the eliminated athletes (2) qualify for the second round which will be held with three pairs respecting the score obtained at the 1st round as follows:~~

~~1st pair: the 1st against 6th,~~

~~2nd pair: 2rd against 5th,~~

~~3rd pair: 3rd against 4th.~~

~~A ranking list is established at the end of the 2nd round.~~

~~3rd round:~~

~~The winners of the three pairs (3 athletes) plus the athlete with the higher score of the eliminated athletes (1) qualify for the 3rd round which will be held with two pairs respecting their score at the second round as follows:~~

~~1st pair: the 1st against 4th,~~

~~2nd pair: 2rd against 3rd~~

~~4th (final) round:~~

~~The winners of the 2 pairs of the 3rd round (2) qualify for the final round.~~

~~Final ranking list:~~

~~1st and 2nd are the two finalists (4th round).~~

~~3rd and 4th are determined based on their score at the 3rd round~~

~~5th and 6th are determined based on their score at the 2nd round~~

~~7th and 8th are determined based on their score at the 1st round~~

~~In case of 8 participants, the Qualification will not take place. The participation in finals is based on a draw.~~

~~In case of 7 participants, a Qualification will take place. The starting order is determined by a draw. The following round will be carried out according to the 2nd round of finals.~~

~~In case of 6 participants, the qualification will not take place. The starting order is determined by a draw. The following round will be carried out according to the 2nd round.~~

~~In case of 5 participants, a Qualification will take place. The starting order is determined by a draw. The following round will be carried out according to the 3rd round.~~

The top eight athletes from the final ranking list of the Qualification participate in the Final.

In case of a tie at any place, the tie-breaking rules set out in art. 4.2 apply.

The Final is held in one single run.

The starting order is established based on the ranking after Qualification with the best athletes starting last.

Should the host country not qualify, they will receive a wildcard for the Final. Therefore, one additional athlete would be added to the final. The wildcard athlete must be the highest ranked athlete for that country from the Qualification.

All-Around ranking

~~Only competitors participating in both categories (speed run and freestyle) will be listed the all-around ranking. This ranking is determined by adding the rank obtained in each category at the Qualifications. The competitor with the lowest total of ranks is the winner.~~

Art. 1.3 Work-shops and Educational Sessions

All Parkour competitions should include activities such as showcasing, open work-shops, educational sessions and practice opportunities for the young and young-at-heart and a wider public to develop Parkour and promote the sport.

ART. 2 THE WORLD GAMES (SUBJECT TO IWGA APPROVAL)

The competition consists of Qualifications and Finals per category.

Art. 2.1 Competition Programme

Qualifications with 12 male athletes and 12 female athletes.

The World Games include competitions in the following 4 categories and medal events:

- Speed men
- Speed women
- Freestyle men
- Freestyle women

Programme (example)

Layout of the Programme: e.g.

Day 1: Qualifications ~~Speed-run Men and Women~~ and ~~Freestyle Men~~ – Finals ~~Speed-run Women~~ and ~~Freestyle Men~~ ~~and Women~~

Day 2: Qualifications Freestyle Women and Speed Men – Finals Freestyle Women and Speed Men
No Speed semi-finals will be held.

The programme is subject to change by the Parkour Commission depending on the number of entries and other circumstances. The duration will be decided by the Secretary General in consultation with the PK-C and the LOC.

Art. 2.2 Rights of participation and size of delegations

The number of athletes (12 men + 12 women = total 24) is determining following an agreement between the IWGA and the FIG.

The qualification is based on the FIG Parkour World Championships in the year preceding The World Games. For TWG 2021, the qualifying event is the WCH 2020.

The quota places are allocated as follows:

- In order to finalize the 12 men and 12 women, four (4) different qualification lists will be assembled first (Men's Speed, Men's Freestyle, Women's Speed, and Women's Freestyle). No individual athlete will appear on two lists. The two lists for Men will be combined to complete their quota allocation list. The two (2) lists for Women will be combined to complete their quota allocation list.

- There is a maximum quota per NF for participation in The World Games of one male and one female athlete overall.
- The highest ranked athlete in each gender regardless of event will receive the quota place. In case of a tie, the highest ranked athlete from the 2020 World Ranking List (from the World Cup Series) prevails. The order of precedence for Criteria 2 (see below) is based on the number of athletes participating in each event; the highest number prevails.

Each of the four (4) Qualification Lists will be based on the following Criteria steps:

Event	Criteria 1 Qualifiers	Criteria 2 Continental and Host Country	Final Event Total
Men's Speed	5 athletes	Up to 1 athlete	6
Men's Freestyle	5 athletes	Up to 1 athlete	6
Women's Speed	5 athletes	Up to 1 athlete	6
Women's Freestyle	5 athletes	Up to 1 athlete	6

Criteria for each event:

<p>Criteria 1: The top five (5) ranked athletes from the Finals (then Qualifications if necessary) of the 2020 World Championships, will earn a nominative quota place.</p>
<p>Criteria 2: To the highest ranked athletes (nominative) based on 2020 World Championships (Finals then Qualifications, if necessary) in order to fill the remaining quota places not represented in Criteria 1, until a) the host country receives one quota place* (the highest ranked man or woman) and b) four (4) total continents are represented after Criteria 1 and 2.</p> <p><i>*The host country is guaranteed an NF quota place regardless of participation in the 2020 World Championships. This quota position would be the last place filled.</i></p>

~~Places are allocated to the NF and not to the athletes, with the exceptions of places 11 and 12.~~

~~Places 1-10 will be attributed to the NFs (max. 1 pair per NF) according to the ranking of their athletes at the Qualifications at the qualifying World Championships.~~

~~In case there is an insufficient number of NFs participating, in The World Games to fill these places, the participating NFs will be given the opportunity to send 2 athletes per NF (priority in ranking order as mentioned above)~~

~~Places 11-12 are nominated (in order of priority) by the FIG-EC in consultation with the PK-TC:~~

~~1. To make sure the host country of The World Games is represented with, at least, one women's or one men's athlete, provided they have participated at the qualifying World Championships. The place will be given to the best ranked athlete as mentioned above~~

~~2. To guarantee that at least 4 continents are represented at The World Games. (if such a place has to be assigned, it will be given to the best ranked women's or men's athlete of the respective Continent at the qualifying World Championships.)~~

~~3. To cater for other unforeseen cases provided the athlete has participated at the qualifying World Championships.~~

~~Any place(s) not assigned, under the criteria mentioned above, will be attributed following the same criteria as places 1—10 to increase the number of NFs not yet represented at The World Games.~~

Art. 2.3 Judges

See Technical Regulations, Section 1, Art. 7.8 **and 2020 PK Specific Judges' Rules**

ART. 3 WORLD CHAMPIONSHIPS

The competition consists of Qualifications, **Semi Finals (Speed only)** and Finals per category. ~~See Art. 1.2, competition format option 1.~~

Art. 3.1 General Layout of Programme

The general layout of the programme is elaborated and decided by the FIG Secretary General in close cooperation with the LOC and the FIG PK-C. The responsibility for the detailed competition and training schedule is with the PK-C President.

The World Championships include competitions in the following 4 categories and medal events:

- Speed-~~run~~ men
- Speed-~~run~~ women
- Freestyle men
- Freestyle women

No wildcards are given in World Championships.

~~Medals will also be awarded for:~~

- ~~— All-around ranking (speed-run and freestyle) men~~
- ~~— All-around ranking (speed-run and freestyle) women~~

Programme (example)

Day 1	Day 2	Day 3
<p>Afternoon</p> <p>Speed <u>Women-run</u>:</p> <p>Qualifications (1 or 2 runs)</p> <p>Freestyle Men:</p> <p>Qualifications (1 or 2 runs)</p> <p>Medal award for all-around ranking based on the results of qualification</p>	<p>Freestyle Women:</p> <p>Qualifications (1 or 2 runs)</p> <p>Speed <u>Men-run</u>:</p> <p>Qualifications (1 or 2 runs)</p> <p>Speed <u>Women-run</u>:</p> <p>Semi-Finals</p> <p>Freestyle:</p> <p>Finals Men</p> <p>Speed <u>Women-run</u>:</p> <p>Finals</p> <p>Medal Awards</p>	<p>Afternoon</p> <p>Speed-<u>run</u>:</p> <p>Semi-Finals Men</p> <p>Freestyle:</p> <p>Finals Women</p> <p>Speed-<u>run</u>:</p> <p>Finals Men</p> <p>Medal awards</p>

The programme is subject to change by the Parkour Commission depending on the number of entries and other circumstances. The duration will be decided by the Secretary General in consultation with the PK-C and the LOC.

Art. 3.2 Rights of participation and size of delegations

All NFs in good standing are entitled to participate in all four categories with a full team of 8 athletes.

The size of delegation is as follows: (does not include athletes invited by FIG and approved by NF)

	Men	Women	Total max.
Athletes	4	4	8
Head of delegation			1
Coach	1	1	2
Medical / Paramedical	1 2	1 2	2
Medical / Paramedical			1
Additional Paramedical 2 to 8 athletes			1

All athletes have the right to participate in both events.

For other delegation members, see FIG Accreditation rules.

Art. 3.3 Programme

The Qualifications, **Semi-Finals** and the **Final** are carried out according to the provisions mentioned in art. 1.

ART. 4 TIE BREAKING RULES

Art. 4.1 Tie-breaking rules for the speed-run ranking

Time is measured in 1/1000th of a second and shown in 1/100th of a second.

If there is a tie, the tie will be broken by using the next digit (1/1000th of a second).

If there is still a tie, the tie will not be broken.

Exception:

To determine the starting order and the pairs in the Final, the ties must be broken by a draw.

Art. 4.2 Tie-breaking rules for the freestyle ranking

In case of a tie in points at any place in Qualification and Finals, the ranking will be determined by the following criteria:

1. The higher score for **E (Execution)**
2. The higher score for **C (Composition)**
3. The higher score for **D (Difficulty)**
4. The average of all judges' scores given for **E (Execution)**, without eliminating the highest and the lowest score
5. The average of all judges' scores given for **C (Composition)**, without eliminating the highest and the lowest score
6. The average of all judges' scores given for **D (Difficulty)**, without eliminating the highest and the lowest score

If there is still a tie, the tie will not be broken.

Exception:

To determine the starting order and the pairs in the Final, the ties must be broken by a draw.

~~Art. 4.3 Tie-breaking rules for the overall ranking~~

~~In case of a tie at any place, the athlete with the lower total time at the Speed-run competition in Qualification prevails.~~

ART. 5 REGISTRATION CHANGES

After the drawing of lots, no athlete can be added. No additional athlete may appear on the Nominative Registration and at accreditation.

Between the Nominative registration and accreditation / 24 hours prior to the start of competition

If any athlete gets injured or ill between the Nominative Registration and the Accreditation / 24 hours prior to the start of the competition, the injured or sick athlete can be replaced, and another athlete can be accredited. An updated nominative list has to be established by FIG. The replacement athlete must compete in the category the replaced gymnasts was registered for.

Less than 24 hours prior to the Qualifying competition

Less than 24 hours prior to the beginning of the Qualifying competition, no new accreditations can be delivered. The 24 hour's period is the one which precedes the start of the day of qualification of the respective athlete.

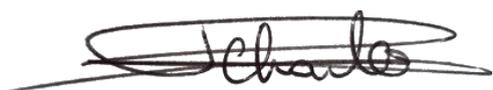
Semi-finals and Finals speed ~~running~~ and freestyle

Qualified athletes for each of the Semi-finals / Finals may be replaced by their NF with one of its other athletes, provided that the said replacement has obtained a superior result to that of the first athlete of reserve. The replacement athlete will fill the position in the draw of the replaced athlete. This change must be made by informing the LOC. The deadline for announcing this change depends on the competition schedule and will be mentioned in the **Workplan** and at the Orientation meeting. ~~Past this deadline, this change can only be made in the case of injuries or illness of one of the qualified athletes with medical certificate verified by the official FIG / LOC medical doctor~~

Reserve gymnasts for all types of Semi-Finals / Finals

Three (3) reserve athletes are designated for each of the finals, taking into account the list of results of Qualification. If called upon, a reserve works in accordance with the order of the athlete replaced. Reserves must be prepared to compete and present in case they are called upon.

Fédération Internationale de Gymnastique



Charles Perrière

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Lausanne, ~~May~~ November 2019